

# 2010 WEEKLY SUMMER OVERNIGHT CAMP

## Boys and girls U7 –U17

### **THE PROGRAM:**

The LRSA camp employs all the methods used at FC Barcelona youth system and it is focused on developing and further perfecting all the technical and tactical as well as the psychological skills needed for any player to reach the highest levels in the game of soccer. The camp will be run by the LRSA Staff in conjunction with Mr. Laureano Ruiz the former head coach of FC Barcelona and the mastermind behind FC Barcelona's youth program as well as other visiting coaches from Spain.

### **THE FACILITIES:**

The Laureano Ruiz Soccer Academy Summer Day Camp is located at Camp Kinder Ring in Dutchess County, New York which is situated on 105 manicured private acres with newly renovated soccer fields, indoor facility and outdoor pools. Players will be housed in bunk houses with shared accommodations.

### **COST:**

The weekly summer overnight camp costs \$650 per week from Monday thru Friday. Breakfast, lunch, snack and dinner included daily.

### **TO APPLY:**

To secure a place in the camp, please complete the application Day camp application online or mail to:  
Laureano Ruiz Soccer Academy Corp.  
335 Sylvan Lake Road  
Hopewell Junction, New York 12533

### **REFUND POLICY:**

There will be no refunds for any absence

### **EQUIPMENT NEEDED:**

Shin guards  
Soccer cleats/ indoor flats (sneakers)  
Soccer ball (please make sure name is marked on ball)  
Sunscreen  
Water bottles  
Swimsuit and towel  
Appropriate clothing for forecasted weather  
Insect Repellent  
Daily change of clothing  
Pillow and bedding, towels (for pool and shower)  
Soap, shampoo, baby powder.

### **TYPICAL DAILY SCHEDULE:**

Breakfast  
Gathering and Information about the previous day  
Technical Instruction  
Swimming Pool  
Lunch  
Free Time  
Video  
Tactical Games  
Games  
Departure  
Dinner  
Mini-Tournaments, Contests, Demonstration  
Lights out 10 PM